

**NEW THIS YEAR!!**

**SUMMER 10 WEEK ADULT BOOTCAMP**

**JUNE 4<sup>TH</sup> – AUGUST 9<sup>TH</sup> 2018**

Why Join Us... Why Not?

- ❖ We want to help you achieve your personal health and wellness goals this summer!
- ❖ Why sit and watch your kids in Sports Performance, when you could be training too?
- ❖ Maximize Efficiency- Now the whole family can train in the same place **AT THE SAME TIME!**



Train while  
your kids  
train!

**Adult Bootcamp Schedule June 4<sup>th</sup> 2018- August 9<sup>th</sup> 2018**

Age Group	Monday	Tuesday	Wednesday	Thursday	Friday
MS 6-8	10-11 am	5:30-6:30pm	10-11 am	5:30-6:30pm	10-11 am
ES 3-5	9-10 am	6:30-7:30pm	9-10 am	6:30-7:30pm	9-10 am

**\*NOTE: BOOTCAMP SCHEDULES COORDINATE WITH AGE GROUP SPECIFIC SPORTS PERFORMANCE CLASSES**

**SUMMER 2018 BOOTCAMP INCLUDES:**

- \***UNLIMITED** training 5 days/week Monday-Friday
- \*Bootcamp times coordinated with Sports Performance times
- \* **DISCOUNTED** registration
- \*If you have a High School Student – inquire about training options for YOU!

**PRICING:**

**PARENTS REGISTERING FOR THE ADULT BOOTCAMP RECEIVE OUR SPORTS PERFORMANCE "SIBLING DISCOUNT"**

**JUST \$179 FOR 10 WEEKS**

To Register Online visit us at [www.teamspeedco.com](http://www.teamspeedco.com)  
Call (303) 779-3640 or email [info@teamspeedco.com](mailto:info@teamspeedco.com)  
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